

**MENTAL
HEALTH MONTH
THREE MILE
WALK OR RUN
RACE IN BETHEL
MAY 18 @ 12 p.m.**

May is Mental Health Month and is recognized for the purpose promoting awareness, offering resources and education, and advocating for the mental health and well-being of everyone through increase in suicide prevention and more access to behavioral health.

NO ENTRY FEE . NO ADVANCE SIGN-UP

Race starts and ends in the Community Health Services Building parking lot

Prizes will be drawn from the participant roster



The course begins and ends at the CHSB parking lot.

This event is sponsored by the Yukon-Kuskokwim Health Corporation's Behavioral Health department to raise awareness of mental health issues and mental health services available in Bethel and across the region.



**Yukon-Kuskokwim
HEALTH CORPORATION**